

It's a fundamental right that every person should be able to live a life free from harm and abuse.

Adult safeguarding is about working together to prevent abuse and neglect and to protect adults at risk.

**SEE SOMETHING
DO SOMETHING**

Definition of an adult at risk

Someone 18 years or over, with care and support needs, who is or may be unable to take care or protect themselves from exploitation or significant harm.

Definition of abuse

Abuse is one person having power over another, is a violation of an individual's civil or human rights. Abuse may not be deliberate but it can still cause significant harm to someone.

Abuse can include:

Domestic Violence Sexual Physical Modern Slavery
Discriminatory Financial
Psychological **Neglect**
Self-neglect Organisational

Abuse may be not giving someone their medicine, stopping them from practicing their religion or depriving them of the company of family and friends. It can be where people are trafficked or forced into slavery. A person may be neglecting themselves to the point where they and others could be put in danger. Abuse could be happening routinely in an organisation, or behind closed doors within a family.

You don't have to put abuse into a category – if you see something that's wrong you need to report it.

**SAFEGUARDING IS
EVERYONE'S BUSINESS.**